

# New Intermediate Category!!!!

This category has been created to allow teams that have limited skills to compete on an even level with each other.

**This division is not eligible for a state championship**

**Important points to consider:**

- ✓ Your skills will be scored according to the Intermediate-Beginner scale on the category score sheets.
- ✓ Please be advised that your scores will be lower than usual.
- ✓ If you perform skills that are out of level, they will not be scored or count toward your final score.

**The following are the skills that will be permitted in this division:**

- Standing tumbling: Forward/Backward Rolls, Front/Back Walkovers, Cartwheels
- Running tumbling: Cartwheel, Roundoff, Running Front Walkover
- Partner Stunts: Minor releases landing below prep level, minor tick tock variations at or below prep level, 1/2 or single twisting stunts, 1/2 or single twisting transitions, Power Presses, Single twist from two legged stunt or Extension prep, one legged variations at or below prep level, extension, straight cradle dismount, no transitions.
- Tosses: Non-twisting tosses (toe touch, pike, etc.) and straight rides
- Pyramids: Extended pyramids, Pyramids involving one legged stunts or Pyramids at or below prep level

**There will be no limits on jumps. All types of jumps are allowed in Intermediate.**

Please contact Donna Maher if you have any questions concerning this division.